

NCTC Response Protocols Flow Chart for COVID Exposures



WHAT TO DO IF A EMPLOYEE/STUDENT HAD CONTACT WITH A CONFIRMED COVID CASE?

No isolation or quarantine is required.

Wear a well-fitted mask for 10 full days (This is a CDC guidance **NOT** a requirement by NCTC) any time you are around others inside your home or in public.

Watch for symptoms until 10 days after you last had close contact with someone with COVID-19.

Get tested

Even if you don't develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19. This is a CDC recommendation, not a requirement from NCTC

Symptoms of COVID-19 include:

- Fever
- Cough
- Shortness of breath or difficulty breathing
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell

If you develop symptoms

Isolate immediately and get tested. Continue to stay home until you know the results. If the results are positive notify the NCTC Emergency Manager Dillon Bannister at dbannister@nctc.edu



NCTC Response Protocols Flow Chart for Positive Case of COVID



WHAT TO DO IF A EMPLOYEE/STUDENT HAS TESTED POSITIVE FOR COVID REGARDLESS OF VACCINATION STATUS

Individual, Supervisor, or Instructor, will notify NCTC Emergency Manager. Upon notification a campus restriction letter will be emailed to your NCTC email account. Anyone asked to leave will need to complete the following before returning to campus.

Stay home for a full 5 days and isolate from others in your home.

Wear a well-fitted mask if you must be around others in your home.

End isolation after 5 full days if you are fever-free for 24 hours (without the use of fever-reducing medication) and your symptoms are improving.

Take precautions until day 10

Wear a well-fitted mask for 10 full days any time you are around others inside your home or in public. Do not go to places where you are unable to wear a mask.

Individual:

- Stays home and self-isolates
- Seeks medical attention
- Remains out of work until:
 - » at least 5 days have passed since testing positive **AND**,
 - » at least 1 day (24 hours) have passed since recovery defined as resolution of fever without the use of fever-reducing medications, **AND**,
 - » other symptoms have improved.

NCTC EMPLOYEES

Sick leave time is required to be used during isolation or quarantine period. If you do not have any sick leave time available please contact the HR office.

